

TasteWise Kids

Educating kids about food, from source to plate

WHY IS FOOD AND NUTRITION EDUCATION NECESSARY?

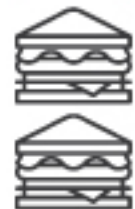
 **40%**

of adolescents consume fruit less than once daily.

 **38%**

of adolescents consume vegetables less than once daily.

 **1 IN 3**



kids and teens eat fast food in a given day.

In the last 20 years, the percentage of overweight and obese children has more than doubled and, for adolescents, it has tripled.

COUNTIES TASTEWISE KIDS WORKS IN



TasteWise Kids reaches over

3,300

students and their families per year.

To learn more, visit TasteWiseKids.org