

SALAD HUNT

CELEBRATE SALAD MONTH WITH A TRIP TO A FARMERS MARKET



TasteWiseKids

Find something in a jar	Find something RED	Find a fruit or vegetable that was grown close to where you live	Find a farmer selling mushrooms	Find a local artist or singer
Find a farmer selling flowers	Find the truck a farmer brought their produce in	Find something you have tasted before	Find a vegetable bigger than your hand	Find something being sold in a quart
Find a vegetable that grows on a vine	Find something a bee might pollinate		Find something GREEN	Find a stand that is selling something that is not food
Find something you've never tasted before	Find a farmer wearing a hat	Find a vegetable that grows underneath the ground	Find a farmer who made a food product using a cow	Find something Orange
Find something Yellow	Find a vegetable smaller than your hand	Find a dozen eggs	Find something made by bees	Find someone shopping with a reusable bag

HOW TO PLAY

Walk around your local farmers' market. Mark an X on the squares when you see it in the market. Tip: feel free to look up examples, like "vegetables that grow on vines" before you head to the market so you know what to look for.

Your goal is to cross out five squares in a row (horizontal, vertical or diagonal) on one trip to the market.

Share which market you visited and your completed Salad Hunt board with TasteWise Kids - @tastewisekids for Facebook and @tastewise_kids for Instagram or email us at info@tastewisekids.org.

LEARN MORE & FIND OTHER ACTIVITIES



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