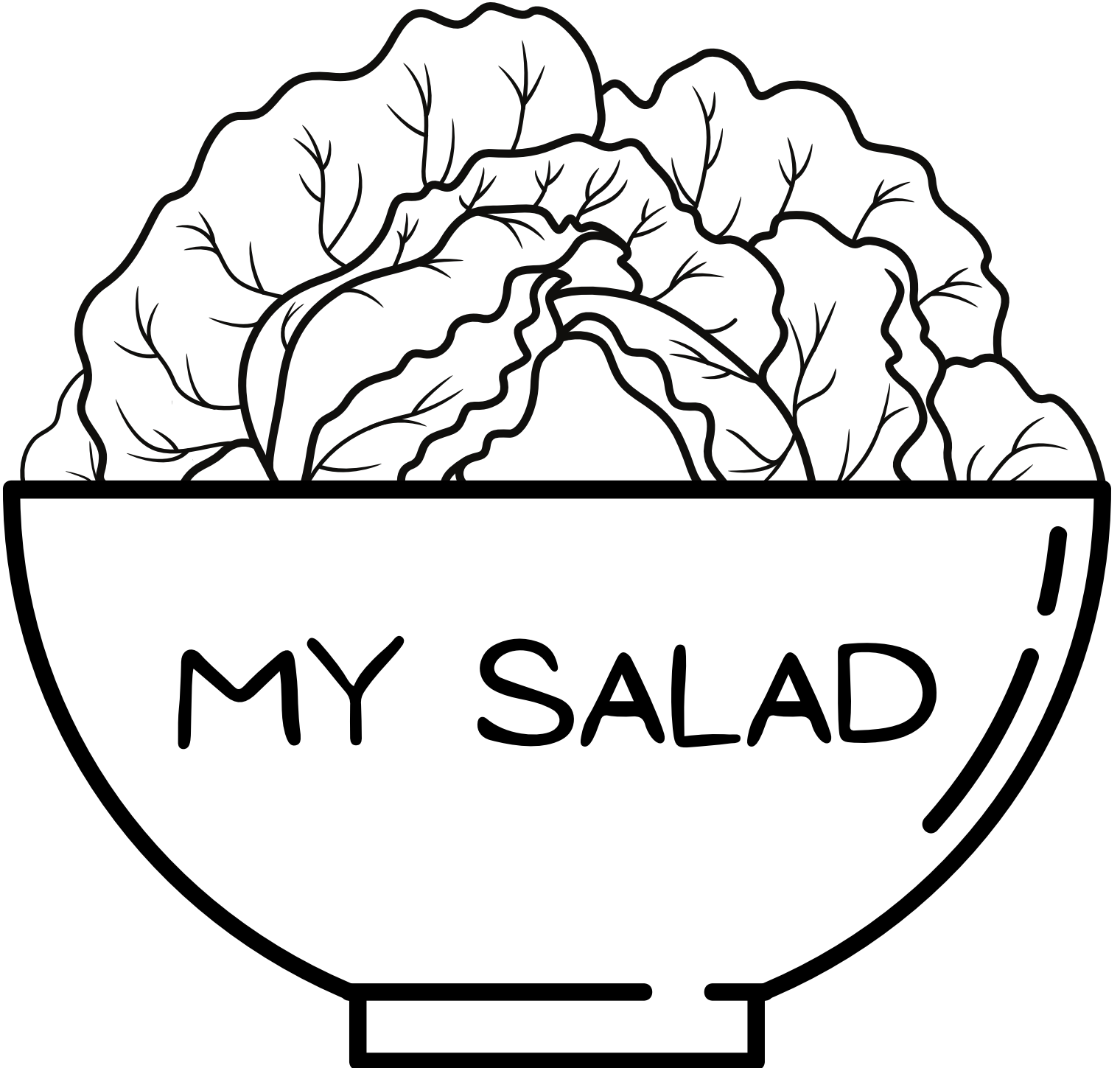




TasteWiseKids

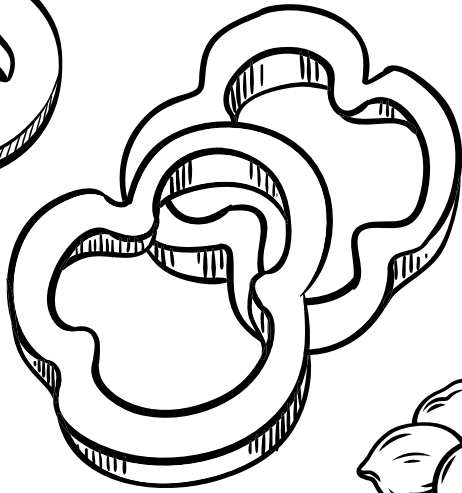
CUT AND
COLLAGE

We love salad! Choosing your own ingredients helps you make a salad you love too. Choose, color in, and cut out ingredients from page 2 and paste them onto the salad base here. Try to pick items from different food groups to create a balanced meal.



PICK YOUR
TOPPINGS

BELL PEPPER



CUCUMBER

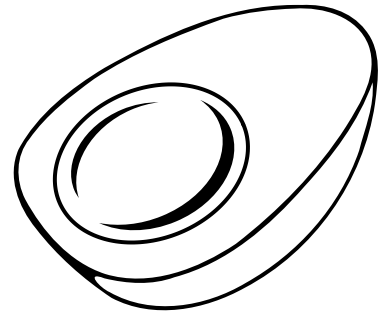


CHICKEN

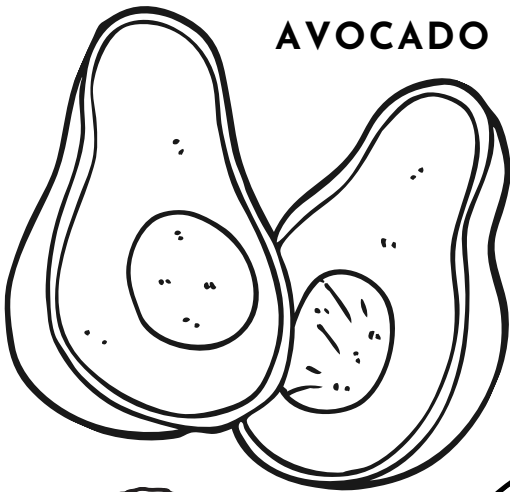


CHICKPEAS

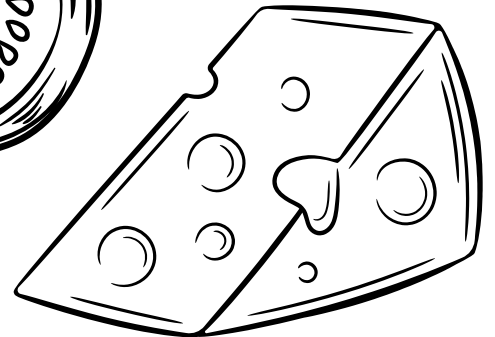
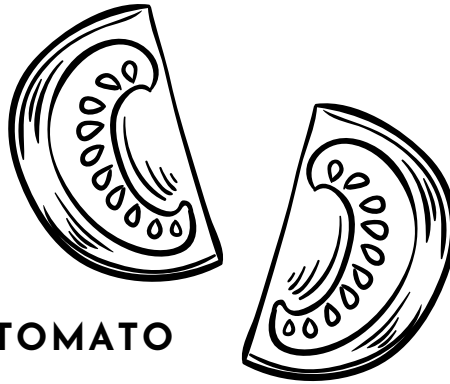
COOKED EGG



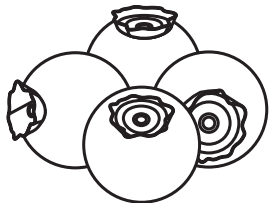
AVOCADO



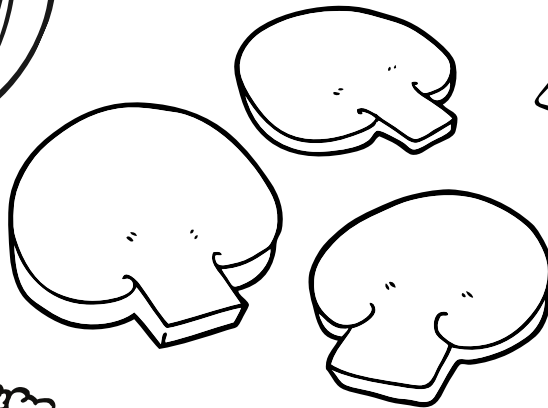
TOMATO



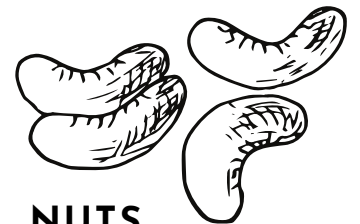
CHEESE



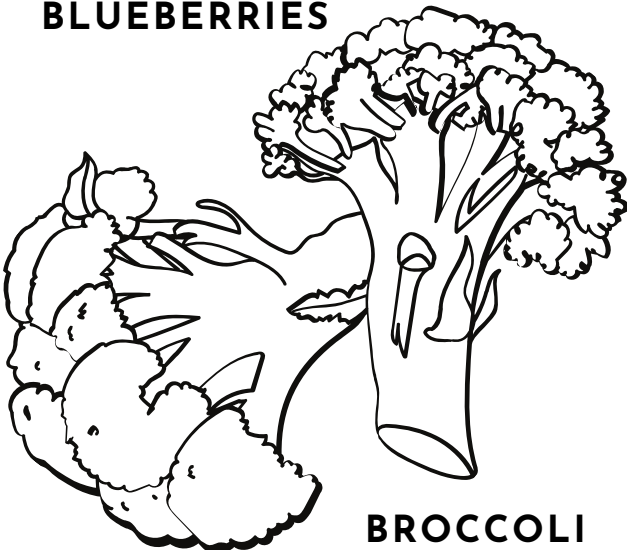
BLUEBERRIES



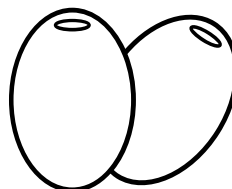
MUSHROOMS



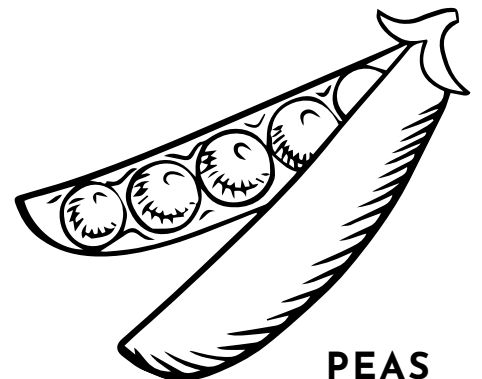
NUTS



BROCCOLI



OLIVES



PEAS