



TasteWiseKids

# October Discovery Board

Print this and cross off each Fall flavor you try in October! Click each picture for a recipe and each ingredient for an activity!

pumpkin



acorn



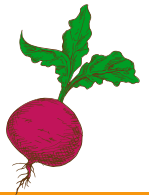
chives



pumpkin  
seeds



beets



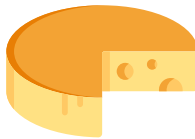
cider



butternut  
squash



gouda cheese



gourds



sweet  
potato



brussel  
sprouts



sage



apple



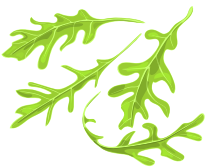
cabbage



kale



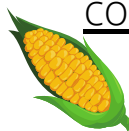
arugula



cinnamon



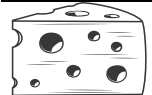
ornamental  
corn



shallot



white  
cheddar



mushrooms



apple butter



figs



walnuts



candy corn

