Our students learn about where their food comes from and learn how to build positive, healthy eating habits. We empower children of all ages to think about food in new ways, to explore their own sense of taste and to realize that flavorful, nutritious food and good health go together — naturally.

Over 1,900 volunteer hours donated

Volunteers worked with students in our Days of Taste program, helped us plan our Farm to Chef Maryland fundraiser, helped us with program evaluation, and helped us to develop a new workshop model.

Over 5,000 individuals participated in our program activities

Days of Taste, Workshops, High School culinary skill building, and Take-Home salad kits

“I make salad very often but have only gotten the kids to eat a leaf or two in the past. My son was very excited about making this salad and ate a good serving two days in a row. I've also always had a good variety of cheeses at home and always offer it to him but it wasn't until this program that he came home and said 'Daddy, I like cheese.' It is amazing how their perception changes when they experience things with their friends in school.”

— parent of Days of Taste student

check out other examples of the impact we are having: https://www.tastewisekids.org/about-us/our-impact/